CLAYTON CHIROPRACTIC CLINIC

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Patients name:

Patients DOB:

Traumatic Brain Injury (4.11.3.13):

- 1. Has treatment been shown to be adequate, effective, safe, and stable?
- 2. Is the nature and severity of the underlying disorder likely to interfere with the ability to drive a CMV safely?

Signature of healthcare provider

Date

Printed name of healthcare provider

Provider specialty

The above driver is being evaluated to determine if they are capable of operating a commercial vehicle according to the Federal Motor Carrier's Safety Administration ((FMCSA). Guides are based on the <u>Medical</u> <u>Examiner's Handbook 2024 Edition</u>. Certain conditions need treating providers guidance.

Drivers demands and Duties 3.3

• Coupling and uncoupling trailer(s) from the tractor: requires strength and full range of motion to climb, balance, turn, grip, and pull;

• Loading and unloading trailer(s): requires ability to lift a heavy load or unload as much as 50,000 pounds of freight after sitting for a long period of time without any stretching period;

• Lifting tarpaulins to cover open top trailers: requires pulling/lifting motions in the range of 50 to 100 pounds.

• Performing pre-trip and post-trip safety checks: requires climbing, bending, kneeling, crawling, reaching, stretching, turning, and twisting;

• Handling and inspecting cargo: requires lifting, climbing up and down perpendicular ladders, and entering/leaving the cab or cargo body multiple times a day; and

Inspecting the vehicle: requires climbing, bending, kneeling, crawling, reaching,

stretching, turning, and twisting to evaluate the condition of the vehicular systems, such as tires, brakes, suspensions, engines, and cargo.

• Moving gear shift levers(s): requires moderate strength, timely coordination, and

complex manipulation skills of right upper and left lower extremity;

• Controlling steering wheel: requires strength, mobility, and power grasp and prehension of hands and fingers while maintaining stability of trunk;

• Operating brakes and accelerator pedals: requires moderate strength, mobility, and coordinated movement in lower extremities;

• Operating light switches, windshield wipers, directional signals, emergency lights, horn, etc.: requires moderate strength, mobility, and manipulative skills of upper extremities; and

• Backing and parking: requires adequate depth perception, strength, and coordinated manipulative skills.



[•] Lifting, installing, and removing heavy tire chains: requires pulling/lifting motions in the range of 35 to 90 pounds; and